

SCHEDULE FOR JUNE 1-4, 2017, SOCHI, RUSSIA

THURSDAY, JUNE 01, 2017

START	END	ACTIVITY	PLACE
15:00	21:00	IRONSTAR information centre	OSCAR EVENT HALL Marquee (EXPO)
15:00	21:00	EXPO sports fair	OSCAR EVENT HALL Marquee (EXPO)
15:00	21:00	Bicycle technical service centre "Krylo"	Embankment of the Imeretinsky Resort Area
15:00	21:00	Distribution of STARKIDS race packages	OSCAR EVENT HALL Marquee (EXPO)
15:00	21:00	Distribution of IRONLADY race packages	OSCAR EVENT HALL Marquee (EXPO)
15:00	21:00	Distribution of IRONSTAR SPRINT & 113 SOCHI 2017 race packages	OSCAR EVENT HALL Marquee (EXPO)

FRIDAY, JUNE 02, 2017

09:00	20:00	Distribution of IRONSTAR SPRINT & 113 SOCHI 2017 race packages	OSCAR EVENT HALL Marquee (EXPO)
09:00	10:45	Distribution of IRONLADY race packages	OSCAR EVENT HALL Marquee (EXPO)
09:00	10:45	Distribution of STARKIDS race packages	OSCAR EVENT HALL Marquee (EXPO)
09:00	21:00	IRONSTAR information centre	OSCAR EVENT HALL Marquee (EXPO)
09:00	21:00	EXPO sports fair	OSCAR EVENT HALL Marquee (EXPO)
09:00	19:30	Bicycle technical service centre "Krylo"	Embankment of the Imeretinsky Resort Area
11:00	11:40	IRONLADY Race	Embankment of the Imeretinsky Resort Area
11:50	12:00	Awarding of IRONLADY Race winners	Embankment of the Imeretinsky Resort Area
12:20	12:50	STARKIDS Race	Embankment of the Imeretinsky Resort Area
13:30	14:30	Briefing for participants of IRONSTAR SPRINT & 113 2017 SOCHI. First wave (blue cards in the race packages)	Imeretinsky Hotel Conference Hall
14:00	20:00	Transition area is open. Checking in BIKE/RUN bags	Imeretinsky resort area, the transition area
14:00	20:00	Racking the bikes in the transition area.	Imeretinsky resort area, the transition area
14:30	15:30	Briefing for participants of IRONSTAR SPRINT & 113 2017 SOCHI. Second wave (red cards in the race packages)	Imeretinsky Hotel Conference Hall
15:30	16:00	Briefing for the foreign participants of IRONSTAR SPRINT & 113 2017 SOCHI (green cards in the race packages)	Imeretinsky Hotel Conference Hall
16:00	17:30	Checking out the swimming course	Imeretinsky Port's water area
17:00	20:00	Pasta Party	OSCAR EVENT HALL Marquee (EXPO)

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SATURDAY, 03 JUNE, 2017 – THE DAY OF THE COMPETITION

START	END	ACTIVITY	PLACE
5:00	11:00	Breakfast	Restaurants «BOSPORUS» and «CRETE», the Imeretinsky» Hotel and Imeretinsky Resort Area
06:30	07:45	Transition area is opened. IRONSTAR SPRINT & 113 SOCHI 2017	Imeretinsky Resort Area
06:30	17:00	Bicycle technical service centre "Krylo"	Transition area. The Embankment of the Imeretinsky Resort Area
06:30	17:30	IRONSTAR information centre	OSCAR EVENT HALL Marquee (EXPO)
07:00	16:00	VIP LOUNGE	Restaurant, Imeretinsky Hotel, 7 floor
07:30	17:30	EXPO sports fair	OSCAR EVENT HALL Marquee (EXPO)
07:45	07:55	Dry warm up at IRONSTAR 113 SOCHI 2017	Imeretinsky Port water area
08:00		Start of IRONSTAR 113 SOCHI 2017	Imeretinsky Port water area
08:00	17:00	Traffic restrictions and blocking of motor roads	Imeretinsky Resort Area Sochi Olympic Park Federal highway Adler - Krasnaya Polyana
09:30	11:00	Transition area is opened. IRONSTAR SPRINT TRIATHLON SOCHI 2017	Imeretinsky Resort Area
12:00	17:00	Recovery massage	OSCAR EVENT HALL Marquee (EXPO)
12:00	12:20	Waiting for the IRONSTAR 113 SOCHI 2017 first finisher	Embankment of the Imeretinsky Resort Area
12:45	12:55	Dry warm up at IRONSTAR SPRINT TRIATHLON SOCHI 2017	Imeretinsky Port water area
13:00		Start of IRONSTAR SPRINT TRIATHLON SOCHI 2017	Imeretinsky Port water area
13:45	14:00	Waiting for the IRONSTAR SPRINT TRIATHLON SOCHI 2017 first finisher	Embankment of the Imeretinsky Resort Area
14:30	15:30	Medal Ceremony of IRONSTAR SPRINT TRIATHLON SOCHI 2017	Stage at the embankment of the Imeretinsky Resort Area
14:30	17:00	Giving out of bicycles from the transition area	Imeretinsky Resort Area
15:25		Closing of the IRONSTAR SPRINT TRIATHLON SOCHI 2017 finish	Embankment of the Imeretinsky Resort Area
16:10		Closing of the IRONSTAR 113 SOCHI 2017 finish	Embankment of the Imeretinsky Resort Area
18:30	19:00	Participants and guests reception	OSCAR EVENT HALL Marquee (EXPO)
19:00	20:00	Medal Ceremony of IRONSTAR 113 SOCHI 2017	OSCAR EVENT HALL Marquee (EXPO)
20:00	24:00	IRONSTAR AFTER PARTY	OSCAR EVENT HALL Marquee (EXPO)

SUNDAY, JUNE 04, 2017

10:00	14:00	IRONSTAR information centre	Office of IRONSTAR
10:00	14:00	Lost&Found working hours	Office of IRONSTAR
10:00	14:00	Bicycle technical service centre "Krylo"	Embankment of the Imeretinsky Resort Area

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